National Nutrition Program Overview

Presented to participants of NNP Research Dissemination Workshop, Adama Gobane Dea (MSc, BSc) Nutrition officer, FMOH
Presentation outline

- Why Nutrition Matters
- Global and National Nutrition Situation
- The revised NNP
- NNP Coordination and Linkage at central level
- way forward
Why nutrition matter?

- Nutrition is a Human right

- Malnutrition causes
  - Low immunity - Infection (cyclic)
  - Death - 51% under five mortality
  - Mental impairment - Intelligence loss
  - Reduced productivity
Global Situation

- 1 billion people+ - Undernourished
- 165 million children <5 yrs - Stunted
- 101 million - Underweight
- 52 million - Wasted
- 2 billion people - Vit. or Mineral deficiency
- 3.1 m(45%) of the 6.9 m death of <5 yrs-undernutrition

Lancet nutrition series, 2011
National situation

Causes of under-5 deaths

- Malnutrition: 51%
- Diarrhea: 15%
- Pneumonia: 16%
- Malaria: 9%
- Neonatal: 25%
- AIDS: 1%
- Measles: 4%
- Other: 2%
Undernutrition in Ethiopia

Malnutrition in Ethiopia

![Bar chart showing undernutrition in Ethiopia]
Undernutrition in Ethiopia ...

- 1 in 3 women are thin/undernourished
- 2 out of 3 children have anemia
- 2 out of 5 children are stunted
- 67% of the Ethiopian adult population suffered from stunting as children
Situation in Ethiopia in children < 5 yrs of age. DHS
Where are we as compared to other countries?
Stunting rates across Regional States, EDHS 2011
Functional Consequences: mortality, morbidity, educability, and lost productivity

Nutritional Status, Growth and Development

Dietary Intake

Health

Household Food Security

Care of Mother and Child

Environ. Health, Hygiene & Sanitation

Human, Economic, and Institutional Resources

Political and Ideological Structure

Ecological Conditions

Potential Resources

Adapted from UNICEF
Policies and Strategies

- The Growth and Transformation Plan
- Health Sector Development Plan IV
  - Health Extension Program (HEP),
  - National Nutrition Strategy (NNS),
  - National Nutrition Program (NNP)
- Food Security Strategy and Agriculture Growth Program
- School Health and Nutrition Strategy
- WASH Strategy (with MOU amongst sectors)
- Social Protection Policy
- Others
Challenges of NNP I (2008/9 – 12)

- Policies and program of other sectors...not
- Weak linkage with relevant sectors
- Interventions for adolescent and women-not addressed
- Sustainable way of dealing with micronutrient interventions were lacking – diet diversification, food fortification
Rationale for revising NNP 2008

- To strategically address the nutrition problem
  - Considering multisectoral and multidimensional nature of nutrition.
  - Lifecycle Approach to map key actions

- To strengthen initiatives that were not adequately addressed in the 2008 NNP
  - Multisectoral linkages among key NNP implementing sectors.

- To include NEW initiatives:
  - Accelerated Stunting Reduction
  - National Food Fortification

- To align the NNP with the GTP and MDGs
The NNP revision process

Principles/ approaches/participation

- Life cycle approach
- Public health interventions - prevent
- Integrated (intra and inter)
- Ensuring sustainability
- Inclusive, transparent, accountable
- Involvement of majority of the stakeholders
Strategic Objectives for the revised NNP (2013-2015)

Strategic Objective 1: Improve the nutritional status of women (15-49 years) and adolescents (10-15 years)

Strategic Objective 2: Improve the nutritional status of infants (0-6 months), young children (6-24 months) and children under 5 years; with emphasis on the first two years of life.

Strategic Objective 3: Improve the nutrition service delivery for communicable & non-communicable/ lifestyle related diseases
Strategic Objective 4: **Strengthen implementation of nutrition sensitive interventions in Agriculture, Education, Water, Women/ Children & Youth, industry, trade and Social Protection sectors.**

Strategic Objective 5: **Improve multi-sectoral coordination and capacity to ensure implementation of NNP**
Figure 2. National Nutrition Coordinating Body

National Nutrition Coordinating Body (NNCB)

Chair: State Minister for Programmes, FMOH

Co-chairs: State Ministers of Agriculture and Education Sectors

Secretary: Director, AHPDP Directorate, FMOH

Members

MOLSA

MOE

MOT

MOWCY

NDP Rep.

MOI

MOFED

EHNRI

Private Sector Rep.

Donor Rep.

FMOH

ACADEMIA

FMHACA
Government of the Federal Democratic Republic of Ethiopia
National Nutrition Programme
2008-2015

National Nutrition Programme Implementing Sectors Declaration

We, the undersigned, representing the Government of the Federal Democratic Republic of Ethiopia, National Nutrition Coordination Body, fully recognize each Ministry’s mandate and pledge our commitment to support the achievement of the targets laid out in this revised National Nutrition Program document and will strive towards equitable and sustainable multisectoral actions towards the realization of optimal nutritional status for all Ethiopian citizens.

We, as a government, found the high malnutrition rates reported in EIDHS and various surveys over the years completely unacceptable. We shall work through enhanced strategic partnerships to prioritize the elimination of malnutrition from Ethiopia as one of the most viable strategies for achieving the Growth and Transformation Plan and the Millennium Development Goals. Attainment of positive nutrition outcomes will be achieved through evidence-based programming and responsiveness and the promotion of accountability towards these results by each Ministry we undersigned.

H.E. Dr. Kebodo Worku
State Minister of Health

H.E. Ato Ali Straaj
State Minister of Trade

H.E. Ato Fuad Ibrahten
State Minister of Education

H.E. Ato Mittiku Kassa
State Minister of Agriculture

H.E. Ato Tadesse Hail
State Minister of Industry

H.E. Ato Remedan Ashenafi
State Minister of Labour and Social Affairs

H.E. Ato Kebede Gerba
State Minister of Water and Energy

H.E. W/ro Prenesh Mekurta
State Minister of Women, Children and Youth Affairs

Minister of the Federal Democratic Republic of Ethiopia
During NNP launch
Way forward

- Ensure that all sectors have included budgeted Nutrition activities in their sector plan (verification)-priority adgenda
- Create a budget mobilization and utilization mechanism for NNP implementations
- Strengthen the partnership
way forward…

- Coordination and linkage mechanism at all levels.
- Comprehensive nutrition service at community
- Finalize the multi sectoral NIM
Way forward …

- Revise NNP for the year 2016-2020
- Nutrition sensitive activities (AGP, PSNP, Curriculum, women machineries etc)
- Aggressive Nutrition advocacy, SBCC, create community ownership
- Assign nutrition focal at all level
Good nutrition
Thank you for listening

Invest in nutrition for national development!!